



BROKERAGE FOR HEALTH

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session (edit)



VASelfCare

Virtual Assistant to facilitate self-care in older people with type 2 diabetes

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Sport Sciences School of Rio Maior (Portugal), on behalf of the VASelfCare consortium

HEALTH-NCP-NET 2.0 project is funded by the European Commission



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National Consortium: key areas of expertise

- **Lisbon Nursing School:** behavior change theories, clinical communication, development of complex interventions to improve health in older people, active and healthy ageing
- **Faculty of Sciences, University of Lisbon:** computer sciences and Informatics (e.g. computer graphics and artificial intelligence)
- **Faculty of Pharmacy, University of Lisbon:** communication about medicines, drug therapy
- **Sport Sciences School of Rio Maior - Polytechnic Institute of Santarém:** physical activity in special populations, active and healthy ageing
- **Current partnership with primary care units of the Portuguese National Health Service**



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Project currently funded by national agencies

- Number 024250, 02/SAICT/2016



Looking for partners and consortium coordinator for EU funding application

- **Universities/ research centres:** expertise in computer science, behaviour change, nutrition, physical activity, medication adherence, active and healthy ageing
- **Health Care institutions/ agencies:** promoting testing and/or implementation
- **Companies:** providing IT support, access to the ecosystem

Main goals

- Advancing the prototype to further respond to end-users needs and to integrate and coordinate care across different health care services
- Scaling-up for regional and/or national health care services

Topic

Call: Digital transformation in Health and Care

- SC1-DTH-11-2019: Large Scale pilots of personalised & outcome based integrated care

Call: Trusted digital solutions and Cybersecurity in Health and Care

- Focus Area on Digitising and transforming European industry and services
 - DT-TDS-01-2019: Smart and healthy living at home



Contact details

Thank you!

Project site

- <http://vaselfcare.rd.ciencias.ulisboa.pt>

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Vitória, our virtual assistant